



WESTERN DIVISION Visitor Pack

District 90



WHERE LEADERS ARE MADE

TOASTMASTERS INTERNATIONAL

About

Since 1924, Toastmasters International has helped millions of men and women become more confident in front of an audience. Our network of clubs and their learn-by-doing programme are sure to help you become a better speaker and leader.

It is the world's largest organisation dedicated to helping people achieve their potential by developing members' communication and leadership skills.

Toastmasters International Mission Statement

We empower individuals to become more effective communicators and leaders.

Through its member clubs, Toastmasters international helps men and women learn the arts of speaking, listening, and thinking – vital skills that promote self-actualisation, enhance leadership potential, foster human understanding, and contribute to the betterment of mankind.

Values

Toastmasters International's core values are integrity, respect, service, and excellence.

These are values worthy of a great organisation, and we believe we should incorporate them as anchor points in every decision we make. Our core values provide us with a means of not only guiding but also evaluating our operations, our planning, and our vision for the future.

Club Mission – A Statement of Shared Values

Every Toastmasters club shares the same clearly defined mission statement:

We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.

Through this mission, each Toastmaster gains a clear understanding of the club's purpose and the organisation benefits from a shared set of values and goals.

HOW TOASTMASTERS WORKS

At Toastmasters, members learn by speaking to groups and working with others in a supportive environment. A typical Toastmasters club is made up of approximately 20 people who meet twice a month for about 2 hours. Each meeting gives members several opportunities:

- ▶ Conduct meetings – Members learn how to plan and conduct meetings.
- ▶ Give impromptu speeches – Members present one-to-two-minute, impromptu speeches about assigned topics.
- ▶ Present prepared speeches – Members present speeches based on projects from the Pathways learning experience – **Toastmasters' education** program. Projects cover topics such as speech organisation, vocal variety, language, gestures and persuasion.
- ▶ Offer constructive evaluation – Every speaker is assigned an evaluator who points out speech strengths and offers suggestions for improvement.



- ▶ Pathways Learning Experience – **Pathways is Toastmasters’ exciting, interactive and flexible** education program. With 11 paths to choose from (and more in development), you will have the option to pick which skills you want to focus on.

WHAT’S IN IT FOR ME?

Toastmasters will give you the skills and confidence you need to effectively express yourself in any situation. Whether you are a tenured manager, student, young professional, someone looking to advance their career, or someone hoping to make an impact in your community, Toastmasters is the most efficient, supportive, enjoyable, and affordable way of gaining great communication skills. By learning to effectively **formulate and express your ideas, you open an entirely new world of possibilities. You’ll improve your** interpersonal communication and be more persuasive and confident when giving speeches.

Joining Toastmasters can help you achieve your personal and professional goals. Is one of your goals listed below?

I want to...

- ▶ Build confidence for public speaking - Toastmasters clubs present speaking opportunities at every meeting. Whether you present a prepared speech, participate in Table Topics®, or fill a meeting role, **you can get the valuable practice needed to build confidence for public speaking. And Toastmasters’ safe and supportive club environment means there’s no pressure, so you can work at your own pace.**
- ▶ Become a more effective speaker - An integral part of Toastmasters is giving and receiving feedback. When you speak at a club, a fellow Toastmaster will provide you with feedback to help you grow your public speaking skills. With the Pathways learning experience, you will have access to an education program that will teach you the skills required to become a more effective speaker.
- ▶ Improve my presentation skills - **Toastmasters isn’t only for improving your public speaking or** communication skills. By giving speeches and working through a learning path in the Pathways learning experience, you will learn how to structure your presentation and incorporate tone and body language to truly engage with your audience.
- ▶ Improve my leadership skills - Since Toastmasters clubs are run by members, each club offers volunteer leadership positions. When you combine this with the leadership skills you can learn through the Pathways learning experience, you can not only build skills, but can gain valuable experience leading a team.
- ▶ Meet my professional goals - By improving your communication, public speaking, and leadership skills, you are building a better version of yourself. Whether you are hoping to land that big promotion or simply want to feel more confident when communicating with co-workers, Toastmasters can help teach the skills you need!
- ▶ Increase my fluency in a language - Toastmasters clubs can be found in 145 countries across the world. Each club decides which language they support during meetings, meaning you can find a club that allows you to practice that second (or third) language you want to become fluent in!
- ▶ Network with others or build social connections - Toastmasters come from all walks of life. Over time, attending meetings will allow you to build social connections and network with others that you **may not have had the opportunity to meet otherwise. In a Toastmasters club, you’ll find likeminded** people who are working hard to build similar skills as you!

HOW DO I JOIN TOASTMASTERS?

There are over 320 clubs to choose from in New South Wales, each with its own unique personality. We recommend you visit a few clubs in your area to see how they operate. When you find one you are comfortable with, it is an easy matter to complete a membership application and pay a once-only joining fee of \$20 USD plus up to six months membership of \$45 USD (fees may differ for each club dependant on club overheads). Shortly afterwards you will receive your New Member notification via email.

What Do I Get When I Join?

You will receive a New Member email notification, in which you will find:

- ▶ Access to the Navigator – your guide to the Pathways Learning Experience
- ▶ **An assessment check to provide you with “Best Match” Paths to match your reasons for joining and assist you in selecting the Pathway that best suits your educational needs**
- ▶ Access to Base Camp – the online home base for your Pathways educational programme, which provides the transcripts, tutorials, and wide-ranging resources to support you on your journey to developing your skills and abilities in communication and leadership

A mentor will be assigned to you – an experienced Toastmaster who can help you define your goals and plot a course to achieve them. Your mentor will assist you in understanding how it all works and will provide a sounding board for your questions and ideas. Your mentor may also help coach you through your early speech projects and provide feedback on performance.

You will receive the monthly ‘Toastmaster’ magazine – full of helpful articles, such as: [“It’s No Secret: How Toastmasters Skills Can Boost Your Career”](#); [“How to Quit Talking Quickly”](#); and [“How to Have a Better Conversation”](#).

Roles Within the Club Meeting

The most common roles that you will see carried out at virtually every Toastmasters meeting are:

- ▶ **Chairperson/Toastmaster:** Taking on this role improves organization, time management and public speaking skills - The Toastmaster is the meeting’s director and host. A member typically will not be assigned this role until they are thoroughly familiar with the club and its procedures. As Toastmaster, you:
 - Acquire a meeting agenda from your vice president education.
 - Work with the Vice President Education to ensure all club participants know their roles and responsibilities.
 - Introduce speakers during the club meeting, including their speech topic, project title, objectives, delivery time, etc. during your introduction.
 - Ensure smooth transitions between speakers during the club meeting
- ▶ **Timer:** Taking on this role improves time management skills - One of the skills Toastmasters’ practice is expressing a thought within a specific time. The timer is responsible for monitoring time for each meeting segment and each speaker. As Timer, you:
 - Acquire the timing/signalling equipment and know how to operate it.
 - Explain the timing rules and demonstrate the signal device if called upon to do so.
 - Throughout the meeting, listen carefully to each participant and signal them accordingly.
 - When called to report, announce the speakers’ names and the time taken.
 - After the meeting, return the timing/signalling equipment to the sergeant at arms.
- ▶ **Ah Counter:** Taking on this role improves observational and listening skills – The purpose of the Ah-Counter is to note any overused words or filler sounds used as a crutch by anyone who speaks during the meeting. Words may be inappropriate interjections, such as and, well, but, so and you know. Sounds may be ah, um or er. As Ah-Counter you:
 - Be prepared to take notes.
 - When introduced during the club meeting, explain the role of the Ah-Counter.



- In the Ah-Counter's log, record overlong pauses, overused words and filler sounds relied upon too often by all speakers. Examples include: and, but, so, you know, ah, um.
- During the evaluation portion of the meeting, report your observations when called upon.
- ▶ **Grammarian:** Taking on this role improves vocabulary, grammar, critical listening skills and evaluation skills - The grammarian plays an important role in helping all club members improve their grammar and vocabulary. As grammarian you:
 - Introduce new words to meeting participants and monitor language and grammar usage
 - Write down the language and grammar usage of all speakers, noting incomplete sentences, mispronunciations, grammatical mistakes, non-sequiturs, malapropisms, etc. Example: "One in five children wear glasses" should be "one in five children wears glasses."
 - At the end of the meeting, give your complete report when called on.
 - Optional: Introduce a "Word of the Day" that helps meeting participants increase their vocabulary; display the word, part of speech, and a brief definition with a visual aid and prepare a sentence showcasing how the word should be used. Note who uses this word or any derivatives thereof correctly or incorrectly during the meeting.
- ▶ **Table Topics Master:** Taking on this role improves organization skills, time management and facilitation skills - The Table Topics Master delivers the Table Topics® portion of the meeting, which helps train members to quickly organize and express their thoughts in an impromptu setting. As the Table Topics Master, you:
 - Select topics in advance of the meeting that allow speakers to offer opinions.
 - Give members who aren't assigned a speaking role the opportunity to speak during the meeting by assigning impromptu talks on non-specialized themes or topics.
 - Don't ask two people the same thing unless you specify that it is to generate opposing viewpoints.
 - In clubs presenting a Best Table Topics speaker award, ask members to vote for the best Table Topics speaker.
- ▶ **Table Topics Speaker –** Taking on this role improves confidence and impromptu speaking skills - Table Topics® is a long-standing Toastmasters tradition intended to help members develop their ability to organize their thoughts quickly and respond to an impromptu question or topic.
 - Table Topics typically begins after the prepared speech presentations.
 - The Toastmaster/Chairman will introduce the Table Topics Master, who will give a brief description of Table Topics and then call on respondents at random.
 - Your response should express your thoughts clearly and succinctly, lasting one to two minutes.
- ▶ **Prepared Speaker:** Taking on this role improves critical thinking, confidence and public speaking skills - Every speaker is a role model, and club members learn from one another's speeches. As a prepared speaker, you:
 - Prepare, rehearse and present a speech during the club meeting.
 - Arrive early to make sure the microphone, lectern and lighting are working and in place.
 - Discuss your goals, strengths and weaknesses with your evaluator prior to giving your speech.
- ▶ **Evaluator:** Taking on this role improves active listening, critical thinking and positive feedback skills - Evaluation is the heart of the Toastmasters educational program. You observe the speeches and leadership roles of your fellow club members and offer evaluations of their efforts, and they do the same for you. As evaluator you:
 - Ask those you've been assigned to evaluate what they will present and what they wish to achieve.
 - Provide objective verbal and written evaluations for speakers.
 - When giving any evaluation, offer praise as well as constructive criticism.
- ▶ **General Evaluator:** Taking on this role improves critical thinking, organization, time management, motivational and team-building skills - Evaluates everything that takes place **throughout the meeting, except for the prepared speeches and the Table Topic™ speakers.**
 - During the meeting, take notes and report on all club proceedings to evaluate things such as timeliness, enthusiasm, preparation, organization, performance of duties, etc.

LEADERSHIP OPPORTUNITIES WITHIN THE CLUB

Leadership development begins in your own club. Every year, the club selects 7 people to organise the many activities which a club needs to run successfully. These are:

- ▶ President – acts as Chief Executive Officer of the club.
- ▶ Vice President Education – organises meeting rosters incorporating member goals and is responsible for quality club meetings, managing mentors, and signing off on project or award completion for members.
- ▶ Vice President Membership – responsible for planning and running membership building programmes with the Vice-President Public Relations, following up with visitors, onboarding new members, and keeping track of existing membership.
- ▶ Vice President Public Relations – promotes the club in the community and online and works with the Vice-President Membership to plan and run membership building programmes.
- ▶ Secretary – maintains official meeting minutes, correspondence, and club records.
- ▶ Treasurer – prepares budgets, tracks, and pays expenses, and is responsible for all club financial transactions, including submitting membership fees to World Headquarters.
- ▶ Sergeant-at-Arms – schedules club meeting locations, maintains club equipment and supplies, and prepares the venue for each meeting.



Each of these roles has its own opportunities and rewards. Other club members look to the executive for leadership and guidance. Serving as a club officer provides excellent preparation for leadership in the wider community. Each year those in club executive positions receive free specialised training from experienced Toastmasters members in leadership, administration, membership building, goal setting, running contests and other aspects of club management.

Leadership Opportunities Beyond the Club

Giving a speech, taking on a meeting role, serving as a club officer, and working in a club committee are **fun and involving activities that help stretch members' abilities. But there are a variety of Toastmasters activities outside of the club for members who want to do and learn more.** These activities include:

- ▶ Speech Contests - Speech contests are a Toastmasters tradition and provide numerous opportunities for expanding critical thinking, time management and organization, listening, delegation, and facilitating skills in a challenging new environment. They also provide occasions to meet other Toastmasters and learn more about local Toastmasters events.
- ▶ Leadership Roles - Advancing to a leadership role outside the club is challenging and rewarding and provides members with a chance to practice skills such as motivating a team, delegating tasks, and effectively communicating with and coaching team members. Another benefit to serving as a leader is the satisfaction of knowing you have helped others grow. Some of the available leadership opportunities are with:
 - Areas - Area directors serve as the liaison between a district and its clubs. Conducting the area club visits at least twice a year is crucial to understanding how clubs are fulfilling member needs, and how the district is meeting the needs of each club.
 - Divisions - Division officers are the link between areas and districts, providing assistance in building clubs and supporting areas.
 - Districts - District leaders work with people at club, area, division, and international levels as well as with corporate and community leaders.
 - Board of Directors - Serving on the Board of Directors is an outstanding way to contribute to the organization as a whole, develop plans for the future, and ensure Toastmasters International continues to meet the needs of its clubs and members.

- Conferences - Assisting at conferences is an excellent way to get involved. Being a committee member involved with registration, hospitality, or facility set-up is rewarding and challenging.
- ▶ Conference Opportunities - Conferences offer leadership opportunities as well as feature activities to benefit participants such as:
 - Seminars - **Education seminars feature interesting topics and dynamic speakers. You'll learn** speaking tips and techniques from positive, upbeat presenters and what you can do to have a great Toastmasters club.
 - Speech contests - Learn from observing excellent speakers.
 - **Toastmasters'** camaraderie - You will meet people of varying backgrounds and experiences at conferences and the International Convention.

SPEAKER EDUCATION

Toastmasters Pathways Learning Experience



The Pathways Learning Experience is an online learning system that provides self-paced learning based around a set of Core Competencies.

- ▶ Public Speaking – **Public speaking builds members' skills in delivering** both prepared and impromptu speeches. Through practice, peer evaluation and educational tools, members learn how to present their messages effectively, concisely, and professionally.
- ▶ Interpersonal Communication – members communicate with others, verbally, non-verbally, in writing or via electronic methods. Members learn how to build relationships, resolve conflict, and communicate well with others.
- ▶ Strategic Leadership – the ability to see the big picture and have the ideas and vision to do things better. The Toastmasters strategic leader has a vision that is both attainable and inspiring. They can bring about positive change by inspiring others to get involved.
- ▶ Management – the ability to see the details and deals mostly with managing creative projects, planning, organising, and facilitating specific tasks.
- ▶ Confidence – Through self-reflection and evaluation, members learn to acknowledge their flaws and embrace their capacity for self-improvement. By learning how to set goals and meet them, they gain confidence in their own knowledge, skills, and abilities.

Within these core competencies the Pathways programme provides the opportunity and flexibility to develop over 300 different sub-competencies.

Pathways sets us on a journey of personal and professional development. It reflects a journey where there are many options, many ways to achieve your goals, while moving forward all the time at your own pace. The programme offers members:

- ▶ A learning experience tailored to personal and professional goals

- ▶ Communication and leadership skills with real-world application
- ▶ A wide range of educational interactional digital content to support the projects, such as videos, quizzes, assessments, tutorials, activities, and documentation
- ▶ Materials may be printed directly from Base Camp, the learning management system
- ▶ Standardised evaluation criteria and high-quality feedback
- ▶ A strong mentorship process to support both mentors and protégés

Pathways helps members meet their needs in an evolving global marketplace. The programme also allows for early and frequent achievement, which provides members a recognition of their accomplishments and motivation.

Learning Paths/Learning Levels

Pathways currently has 11 learning paths, each consisting of 5 learning levels. Each learning level consists of a set of projects: some required, others elective.

Level 1 Mastering Fundamentals	Level 2 Learning Your Style	Level 3 Increasing Knowledge	Level 4 Building Skills	Level 5 Demonstrating Expertise
"Ice Breaker" + "Evaluation and Feedback" + "Writing a Speech with Purpose" + "Introduction to Vocal Variety and Body Language"	Two required projects + "Introduction to Toastmasters Mentoring"	One required project + a minimum of two elective projects	One required project + a minimum of one elective project	One required project + a minimum of one elective project + "Reflect on Your Path"

** To complete level 3, you must also serve as a Toastmaster, Topicsmaster and Evaluator*

Each of the 11 paths has a different focus:

- ▶ Dynamic Leadership helps build your skills as a strategic leader. This path focuses on understanding leadership and communication styles, the effect of conflict on a group and the skills needed to defuse and direct conflict. Projects emphasise development of strategies to facilitate change in an organisation/group, interpersonal communication, and public speaking.
- ▶ Effective Coaching helps build your skills as a positive communicator and leader. The projects on this path focus on understanding and building consensus, contributing to the development of others by coaching and establishing strong public speaking skills. Each project emphasises the importance of effective interpersonal communication.
- ▶ Engaging Humor helps build your skills as a humorous and engaging public speaker with projects focusing on understanding your sense of humour and how that sense of humour translates to engaging audience members.
- ▶ Innovative Planning helps build your skills as a public speaker and leader. The projects on this path focus on developing a strong connection with audience members when you present, speech writing and speech delivery. The projects contribute to building an understanding of the steps to manage a project, as well as creating innovative solutions.
- ▶ Leadership Development helps build your skills as an effective communicator and leader. The projects on this path focus on learning how to manage time, as well as how to develop and implement a plan. Public speaking and leading a team are emphasised in all projects.
- ▶ Motivational Strategies helps build your skills as a powerful and effective communicator. The projects focus on learning strategies for building connections with the people around you, understanding motivation and successfully leading small groups to accomplish tasks.
- ▶ Persuasive Influence helps build your skills as an innovative communicator and leader. The projects focus on how to negotiate a positive outcome while building strong interpersonal communication and

public speaking skills. Each project emphasises developing leadership skills to use in complex situations, as well as creating innovative solutions to challenges.

- ▶ Presentation Mastery helps build your skills as an accomplished public speaker. Projects on this path focus on learning how an audience responds to you and improving your connection with audience members. The projects contribute to developing an understanding of effective public speaking technique, including speech writing and speech delivery.
- ▶ Strategic Relationships helps build your skills as a leader in communication. This path focuses on understanding diversity, building personal and/or professional connections with a variety of people, and developing a PR strategy. Communicating interpersonally and as a public speaker is emphasised.
- ▶ Team Collaboration helps build skills as a collaborative leader. This path focuses on active listening, motivating others and collaborating with a team. Each project contributes to building interpersonal communication and public speaking skills.
- ▶ Visionary Communication helps build your skills as a strategic communicator and leader. This path focuses on developing your skills for sharing information with a group, planning communications, and creating innovative solutions. Speech writing and speech delivery are emphasised in each project.

CONTESTS

What Contests Can You Enter?

To add an extra challenge to your speaking progression, Toastmasters offers the opportunity to compete in several contests throughout the year. While highly recommended, participation in contests is voluntary.

The main contests, which go from club to District level (at least) are:

- ▶ International Speech Contest – Deliver a 5-to-7-minute speech on any topic of your choice
- ▶ Evaluation Speech Contest – Deliver a 2-to-3-minute presentation, providing a positive and helpful evaluation of a guest speaker.
- ▶ Humorous Speech Contest – Deliver a 5-to-7-minute entertaining speech
- ▶ Table Topics Speech Contest – Deliver a 1-to-2-minute impromptu speech on a single topic which is provided to all contestants without preparation time.

Entry to these contests is open to any financial member of a club in good standing, with a few exceptions relating to members who are nominated for elected positions in the higher echelons of Toastmasters or who are otherwise presenting at the District Conference at which the District Finals for these contests will be held.

Entrants in the International Speech contest must have earned a Certificate of Completion in Levels 1 and 2 of any path in the Toastmasters Pathways Learning Experience unless the member is from a club which has chartered less than one year prior to the club speech contest.

All speeches must be substantially original (i.e., no more than 25% of the speech may be devoted to quoting, paraphrasing, or **referencing another person's content and any such use should be cited**).

In the Humorous Speech Contest, the speech should be thematic in nature (opening, body, close) and not a monologue (i.e., not a series of one-liners).

There are a variety of other club contests which may be something your club decides to hold, such as Tall Tales Contest, Oral Reading Contest, Debate Contest, and Poetry Contest. These do not progress past club level, unlike the four mentioned earlier.



Contest Progression

So, **you've** won your club contest in one of the big four mentioned above – **what's next?**

- ▶ First you compete with the representatives from other clubs in your Area contest.
- ▶ Winners of the Area contest compete with other Area winners in your Division contest.
- ▶ Winners of the Division contest compete with each other at the District finals.
- ▶ The District International Speech Contest will be videoed and the video of the District winner will be entered into the Regional Quarter-Finals of World Championship of Public Speaking.

If they finish 1st or 2nd in the regional quarterfinal, then the speaker may progress to the World Championship Semi-Finals at the Toastmasters International Convention in August of that year. The winners of the Semi-Finals will progress to the World Championship Final. The winner of the World **Championship Contest is then given the permanent title of 'World Champion of Public Speaking' for that year** and may not compete again. These finals are usually held in North America. The International Speech contest is the only contest to be held on an international level.

SPEAKING TIPS

Take The Terror Out of Talking

"The human brain starts working the moment you are born and never stops until you stand up to speak in public." — George Jessel

Glossophobia, the fear of public speaking, is one of the most common phobias – As many as 75% of people have glossophobia. Here are five tips to help you take the terror out of talking:

- ▶ **Visualisation – The Power of Positive Thinking**
Most glossophobes visualise the negatives and dread the speaking event, thus implementing negative visualisation and developing anxiety. Train your brain to amplify the positives through the use of affirmative visualisation and excitement. Imagine a successful presentation – visualise it and look forward to it.
- ▶ **Build Your Confidence – Prepare Well**
The best way to conquer stage fright is to know your subject. Take the time to prepare effectively and know your subject. Warm up your voice before a big presentation with some tongue twisters and pieces of prose. Employ isometric exercises to enhance breathing and increase flow of oxygen to the brain. Set your look of confidence in your stance
- ▶ **Stage Time, Stage Time, Stage Time - Embrace the Fear**
Whenever you get an opportunity to speak in public grab it with both hands. The more you do it, the better you get. Remember that 99% of the time the audience wants you to succeed. A trick to reduce your fear of the audience is to imagine they owe you money.
- ▶ **Focus on "Ideas, Not Words" – Reduce Reliance on Notes**
The audience will remember the ideas you convey, not the words you use. Ensure that you focus on ideas and reduce your notes of delivery by rote. This will enable you to engage the audience more with your voice and body language – key tools in public speaking. If you need notes, then make them simple prompts to keep you on track.
- ▶ **Appreciate the Power of the Pause – Inject space into your speech**
There are many benefits of getting comfortable with pause. Pausing allows you time to breathe, which in turn allows your body to get the energy it needs to deliver your best. It also gives the audience time to take your message on board, which has the added benefit of making you look more intelligent without saying anything different. Pauses can add emotional opportunities for suspense and humour.



Train your brain in just 60 seconds a day – identify an object and talk about it using short sentences and purposeful pause each day. This will help reduce filler words – **um, ah, and, so, y’know, etc.**

IS TOASTMASTERS FOR YOU?

Toastmasters is about Communication and Leadership.

It is the world’s largest organisation dedicated to helping people achieve their potential by developing members’ communication and leadership skills. In over 21 clubs in Western Division, District 90 and our 350 plus members learn public speaking and other valuable interpersonal and leadership skills in a warm and supportive environment.

This booklet outlines what Toastmasters can do for you, whether you’re a seasoned speaker or you’re just wanting to gain confidence. We look forward to seeing you at a club meeting soon!

[Western Division Website](#)

Facebook Page: [Western Division – District 90](#)

www.toastmasters.org

Your Local Club...



Membership Application & Payment Information

To become a club member, please

1. Completely fill out and sign the **Membership Application**.
2. Completely fill out and sign the **Payment Information** document (page 3).
3. Submit both completed and signed documents to a club officer.
4. Please check here if you use assistive technology (such as a screen reader) to view your educational materials.

For questions, please contact membership@toastmasters.org.

Membership Application

Club Information

This section is completed by a club officer.

Club number	Club name	Club city
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Applicant Information

This section is completed by the applicant. Male Female Non-binary Decline to respond

Last name/Surname	First name	Middle name
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The monthly *Toastmaster* magazine will be sent to the following address:

Organization/In care of

Address line 1 (limit 35 characters)

Address line 2 (limit 35 characters)

City	State or province
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Country	Postal code
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Home phone number	Mobile phone number	Email address
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Membership Type

This section is completed by a club officer.

- | | |
|--|--|
| <input type="checkbox"/> New | <input type="checkbox"/> Reinstated (break in membership) |
| <input type="checkbox"/> Dual | <input type="checkbox"/> Renewing (no break in membership) |
| <input type="checkbox"/> Transfer (If applicant is transferring from another club, please fill in the four lines below.) | |

Date of transfer (MM/YYYY)

Previous club name

Previous club number

Member number

Toastmasters International Dues and Fees

This section is completed by the applicant with the help of a club officer. Dues and fees are payable in advance and are **not refundable or transferable from one member to another**.

1. New member fee AUD \$ _____

Paid only by new members, this fee covers the cost of the first education path, online copy of The Navigator, and processing

3. Total payment to: AUD\$ _____

Total of 1 and 2.

2. Membership dues AUD \$ _____

Paid twice a year by all members, membership dues are pro-rated from the member's start month:

Date my membership began: _____
Month/Year

- | | | | |
|-----------------------------------|----|------------------------------------|--------------|
| <input type="checkbox"/> October | or | <input type="checkbox"/> April | AUD \$ _____ |
| <input type="checkbox"/> November | or | <input type="checkbox"/> May | _____ |
| <input type="checkbox"/> December | or | <input type="checkbox"/> June | _____ |
| <input type="checkbox"/> January | or | <input type="checkbox"/> July | _____ |
| <input type="checkbox"/> February | or | <input type="checkbox"/> August | _____ |
| <input type="checkbox"/> March | or | <input type="checkbox"/> September | _____ |

4. Payment details:

BSB No: _____

Account No: _____

Account Name: _____

Reference Used: _____

Sponsor of New, Reinstated, or Dual Member

Transfer and renewing members are not eligible to be sponsored. This section is completed by a club officer.

Sponsor's last name/surname

Sponsor's first name

Sponsor's member number

Sponsor's club number

Member's Agreement and Release

Consistent with my desire to take personal responsibility for my conduct, individually and as a member of a Toastmasters club, I agree to abide by the principles contained in A Toastmaster's Promise, the Toastmasters International Governing Documents, and my club. I will refrain from any form of discrimination, harassment, bullying, derogatory, illegal, or unethical conduct, and I understand that if I engage in such conduct, I agree to reimburse Toastmasters International, my club or other clubs, or other individuals involved with Toastmasters, for any damages, losses, or costs resulting from my conduct. Understanding that Toastmasters programs are conducted by volunteers who cannot be effectively screened or supervised by Toastmasters International or its clubs, I release and discharge Toastmasters International, its clubs, governing bodies, officers, employees, agents, and representatives from any liability for the intentional or negligent acts or omissions of any member or officer of my club or other clubs, or any officer of Toastmasters International. Should a dispute of some nature arise, I expressly agree to resolve all disputes, claims, and charges relating to Toastmasters, Districts, clubs, and Toastmasters members in accordance with Protocol 3.0: Ethics and Conduct.

By submitting this application, I expressly agree to the following:

- The collection, use, and processing of the personal information I provide to Toastmasters in this Membership Application for the purposes of organization administration, payment of my dues, and inclusion of my contact information in a members' directory that will be distributed to members and employees of Toastmasters. In addition, the collection, use, and processing of my personal information collected by Toastmasters International through Toastmasters' website and by electronic communications.
- That my information may be accessed and used by Toastmasters, its employees and agents, District leaders, and club officers.
- Maintain changes to my personal contact information to ensure it is accurate and current by updating my personal profile page located on the Toastmasters International website: www.toastmasters.org/login. I understand that the majority of the data requested in this application is necessary for administrative and planning purposes.

Occasionally we would like to contact you with details of services, educational updates, and organizational updates. If you consent to us contacting you for this purpose, please check the box below corresponding to acceptable contact methods: Mail Email Phone

If you would rather not receive non-essential communications from us, please check here

For our full privacy policy, you may visit www.toastmasters.org/footer/privacy-policy.

A Toastmaster's Promise

As a member of Toastmasters International and my club, I promise

- ▶ To attend club meetings regularly
- ▶ To prepare all of my projects to the best of my ability, basing them on the Toastmasters education program
- ▶ To prepare for and fulfill meeting assignments
- ▶ To provide fellow members with helpful, constructive evaluations
- ▶ To help the club maintain the positive, friendly environment necessary for all members to learn and grow
- ▶ To serve my club as an officer when called upon to do so
- ▶ To treat my fellow club members and our guests with respect and courtesy
- ▶ To bring guests to club meetings so they can see the benefits Toastmasters membership offers
- ▶ To adhere to the guidelines and rules for all Toastmasters education and recognition programs
- ▶ To act within Toastmasters' core values of integrity, respect, service, and excellence during the conduct of all Toastmasters activities

Verification of Applicant

By my signature below, I agree to the terms of A Toastmaster's Promise and the Member's Agreement and Release stated above, and certify that I am 18 years of age or older (in compliance with the Toastmasters Club Constitution for Clubs of Toastmasters International).

I acknowledge that my electronic signature on this document is legally equivalent to my handwritten signature.

Applicant's signature

Date (MM/DD/YYYY)

Verification of Club Officer

I confirm that a complete Membership Application, including the signatures of the new member and a club officer, is on file with the club and will be retained by the club.

By my signature below, I certify that this individual has joined the Toastmasters club identified. As a club, we will ensure that this member receives proper orientation and mentoring.

I acknowledge that my electronic signature on this document is legally equivalent to my handwritten signature.

Club officer's signature

Date (MM/DD/YYYY)

In order for this application to be valid, both signatures are required.



WHERE LEADERS ARE MADE